

★ ★ NATIONAL CRIME VICTIMS' RIGHTS WEEK ★ APRIL 2-8 ★ 2017 ★ ★

STRENGTH ★ RESILIENCE ★ JUSTICE



**THIS KIDS' ACTIVITY
FEATURES
SIX "SCAVENGER STATIONS"
RELATED TO THE 2017 NCVRW THEME**

SCAVENGER HUNT #1

STRENGTH

When you have *strength*,

You can't go wrong!

Name **ONE THING**

that makes **YOU** *strong*!

(fill in the blank)



SCAVENGER HUNT #2

RESILIENCE

Put your three middle fingers inside this rubber band and give it a little stretch!



Then remove your fingers -
does it return to its original shape?

THAT'S **RESILIENCE!**

Resilience is what helps you
"bounce back" when you're feeling bad....

SCAVENGER HUNT #3

JUSTICE

Justice means being *fair*,
and keeping an *open mind*.

CIRCLE THE WORDS BELOW THAT MEAN
JUSTICE TO YOU!

HONESTY

APPLES

KINDNESS

DESK

GOODNESS

FAIRNESS

SHOES

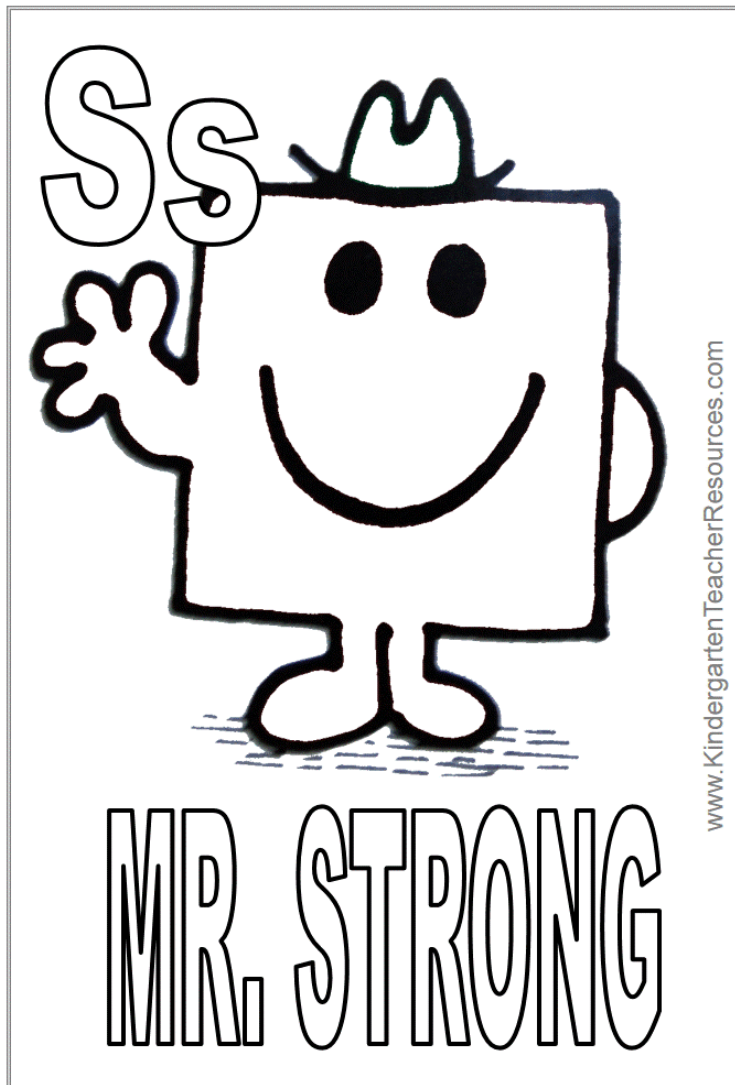
RESPECT



SCAVENGER HUNT #4

STRENGTH

YOU CAN'T GO WRONG WITH MR. STRONG!



COLOR MR. STRONG WITH YOUR FAVORITE COLORS!

SCAVENGER HUNT #5

RESILIENCE

What you can do to help yourself to be more resilient

- Positive self-talk. That means: tell that voice in your head to think about all the good things around you and all the good things that you can do.
- Set realistic goals, take small steps and build on success.
- Make good choices.
- Be a positive person. Compliment others and they will compliment you.
- Make friends and work at being a good friend.
- Join in - hang out with positive people, eg scouts, guides, youth groups and environment groups, sports players and friends who build you up rather than let you down.
- Say "I can't do thisyet!" then try to learn a bit more each day.
- Exercise, play sport, learn skills, be active.
- Accept that you will make mistakes - say sorry to yourself as well as to others - then try to put things right and have another go.
- Get involved in pleasant things like art, music, drama.
- Give yourself time to think!
- Have a go at new things, if they are safe of course!





SCAVENGER HUNT #6

LET'S TALK ABOUT JUSTICE!

(Ask) What is justice?

1. Treating everyone fairly under established rules and laws. (You may want to give an example, such as following classroom rules.)
2. Giving everyone equal opportunities to succeed.
3. Cooperating with one another.
4. Celebrating the uniqueness and value of everyone.
5. Making sure others are not treated badly.

(Ask) Why is justice important?

1. To make sure that everyone has the chance to succeed.
2. To make our home, school, community and world a better place for all people.

(Ask) Who are some people that have fought for justice and fairness for others?

1. Martin Luther King Jr.
2. Rosa Parks
3. Abraham Lincoln

(Ask) What are ways we can show justice and fairness at our school?

1. Treat all people equally - the same.
2. Cooperate with one another.
3. Be respectful and listen to what others have to say.
4. Be willing to do what is best for everyone.
5. Play by the rules at all times; be a good sport.
6. Include others in games and activities. Don't leave people out.
7. Understand that being fair doesn't always mean the same treatment in every circumstance. For example, you may have an earlier bedtime than your older brother, or your younger sister may not have as many household chores as you.
8. Stand-up for someone you see being treated unfairly - you can make a difference!