



CAP TIPs is a series of periodic messages to assist in the planning and implementation of NCVRW Community Awareness Projects. Please feel free to send your individual questions or requests for assistance to Anne Seymour at annesey@atlantech.net

CAP TIP #2

To Improve Public Awareness

Notable Quotables

“New Challenges. New Solutions.”

Introduction

The 2013 National Crime Victims' Rights Week theme, “New Challenges. New Solutions.” encourages us to consider the myriad challenges and problems facing crime victim services, victims' rights and public safety, and to offer solutions that emanate from the collective wisdom, dedication and hard work of crime victims and those who serve them. The theme also challenges us to focus on what we know *works* in victim assistance – evidence-based practices that are proven to be helpful to crime victims and survivors.

There are many quotations from noted leaders and famous people throughout the world's history that address “challenges” and “solutions.” This CAP TIP features inspirational quotations from a diverse group of authors that can be incorporated into all of your 2013 NCVRW activities.

How to Use *Notable Quotables*

The quotations that follow can be used in virtually *all* aspects of 2013 NCVRW planning, victim/survivor outreach, and community and public awareness. For example:

- Begin each meeting of your NCVRW Planning Committee by reading one of the quotations.
- If you find one quotation to be particularly inspiring, incorporate it into any theme artwork or include it at the bottom of any letterhead designed specifically for 2013 NCVRW.
- Match a specific inspiring quotation to your target audience (for example, by gender, culture, or profession) and use it to seek their support, or to encourage their participation in your 2013 NCVRW activities.
- Provide sample quotations to people you are seeking as inspirational speakers for your NCVRW events to incorporate in their remarks.

- Include a quotation for that incorporates “challenges” and “solutions” for our field in public presentations for NCVRW, and feature them in any audio/visual aids (such as PowerPoint presentations).
- Use the quotations for a daily Twitter feed or other social media outreach in April 2013.
- Cite the quotations in any media interviews conducted in conjunction with NCVRW.

Quotations on “Challenges”

“The greatest challenge to any thinker is stating the problem in a way that will allow a solution.”
–*Bertrand Russell*

“The challenges of change are always hard. It is important that we begin to unpack those challenges that confront this nation and realize that we each have a role that requires us to change and become more responsible for shaping our own future.” –*Hillary Clinton*

“That is what Americans do. We face a challenge – no matter how great – because we know that on the other side there is always hope.” –*Senator John Kerry*

“The true measure of a man is not how he behaves in moments of comfort and convenience but how he stands at times of controversy and challenges.” –*Martin Luther King, Jr.*

“A challenge is an opportunity to prove your ability to yourself, and others.” –*Joe Brown*

“We choose to go...not because [it is] easy, but because [it is] hard, because that goal will serve to measure and organize the best of our energies and skills, because that challenge is one that we are willing to accept, one we are unwilling to postpone, and one which we intend to win.”
–*John Fitzgerald Kennedy*

“Life’s challenges are not supposed to paralyze you; they’re supposed to help you discover who you are.” –*Bernice Johnson Reagon*

“Accept the challenges so that you may feel the exhilaration of victory.” –*General George S. Patton*

“Opportunities to find deeper powers within ourselves come when life seems most challenging.”
–*Joseph Campbell*

“Give yourself an even greater challenge than the one you are trying to master and you will develop the powers necessary to overcome the original difficulty.” –*William Bennett*

“We aim above the mark to hit the mark.” –*Ralph Waldo Emerson*

“There is no challenge more challenging than the challenge to improve yourself.”
–*Michael F. Staley*

“You have the powers you never dreamed of. You can do things you never thought you could do. There are no limitations in what you can do except the limitations of your own mind.”
–*Darwin P. Kingsley*

“You must do the thing you think you cannot do.” –*Eleanor Roosevelt*

“Opportunities to find deeper powers within ourselves come when life seems most challenging.”
–*Joseph Campbell*

“Leadership is the challenge to be something more than average.” –*Jim Rohn*

“Leadership cannot just go along to get along. Leadership must meet the moral challenge of the day.” –*Jesse Jackson*

“The experienced mountain climber is not intimidated by a mountain – he is inspired by it. The persistent winner is not discouraged by a problem – he is challenged by it. Mountains are created to be conquered; adversities are designed to be defeated; problems are sent to be solved. It is better to master one mountain than a thousand foothills.” –*William Arthur Ward*

“Life is a challenge, meet it.” –*Mother Theresa*

“The New Frontier I speak of is not a set of promises – it is a set of challenges. It sums up not what I intend to offer the American people, but what I intend to ask of them.”
–*John F. Kennedy*

“The real challenge in life is to choose, hold, and operate through intelligent, uplifting, and fully empowering beliefs.” –*Michael Sky*

“Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all.” –*Dale Carnegie*

“Our greatest glory is not in never failing, but in rising up every time we fail.” –*Ralph Waldo Emerson*

“Everyone needs something to aim for. You can call it a challenge, or you can call it a goal. It is what makes us human. It was challenges that took us from being cavemen to reaching for the stars.” –*Richard Branson*

“You must maintain unwavering faith that you can and will prevail in the end, regardless of the difficulties, AND at the same time, have the discipline to confront the most brutal facts of your current reality, whatever they might be.” –*Jim Collins*

Quotations on “Solutions”

“The significant problems we have cannot be solved at the same level of thinking with which we created them.” –*Albert Einstein*

“We can’t expect to solve problems if all we do is tear each other down. You can disagree with a certain policy without demonizing the person who espouses it.” –*President Barack Obama*

“A problem well stated is a problem half solved.” –*Charles F. Kettering*

“To solve any problem, here are three questions to ask yourself. First, what could I do? Second, what could I read? And third, who could I ask?” –*Jim Rohn*

“Impossible only means that you haven’t found the solution yet.” –*Anonymous*

“Focus 90 percent of your time on solutions and only 10 percent of your time on problems.”
–*Anthony J. D’Angelo*

“The greatest challenge to any thinker is stating the problem in a way that will allow a solution.”
–*Bertrand Russell*

“Whatever the problem, be part of the solution. Don’t just sit around raising questions and pointing out obstacles. We’ve all worked with that person. That person is a drag.” –*Tina Fey*

“As long as anyone believes that his ideal and purpose is outside him, that it is above the clouds, in the past or in the future, he will go outside himself and seek fulfillment where it cannot be found. He will look for solutions and answers at every point except where they can be found – in himself.”
–*Erich Frohm*

“Good management is the art of making problems so interesting and their solutions so constructive that everyone wants to get to work and deal with them.” –*Paul Hawken*

“Creativity can solve almost any problem. The creative act, the defeat of habit by originality, overcomes everything.” –*George Lois*

“Nothing in the world can take the place of Persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent. The slogan ‘Press On’ has solved and always will solve the problems of human race.”
–*Calvin Coolidge*

“Our problems are man-made; therefore they may be solved by man. And man can be as big as he wants. No problem of human destiny is beyond human beings.” –*John F. Kennedy*

“So, let us not be blind to our differences – but let us also direct attention to our common interests and to the means by which those differences can be resolved.” –*John F. Kennedy*

“The worthwhile problems are the ones you can really solve or help solve, the ones you can really contribute something to.” –*Richard Feynman*

“If knowledge can create problems, it is not through ignorance that we can solve them.”
–*Isaac Asimov*

“As long as anyone believes that his ideal and purpose is outside him, that it is above the clouds, in the past or in the future, he will go outside himself and seek fulfillment where it cannot be found.

He will look for solutions and answers at every point except where they can be found - in himself.”
–*Erich Fromm*

“The leader seeks to communicate his vision to his followers. He captures their attention with his optimistic intuition of possible solutions to their needs. He influences them by the dynamism of his faith. He demonstrates confidence that the challenge can be met, the need resolved, the crisis overcome.” –*John Haggai*

“I believe life is constantly testing us for our level of commitment, and life's greatest rewards are reserved for those who demonstrate a never-ending commitment to act until they achieve. This level of resolve can move mountains, but it must be constant and consistent. As simplistic as this may sound, it is still the common denominator separating those who live their dreams from those who live in regret.” –*Anthony Robbins*

“When every physical and mental resource is focused, one's power to solve a problem multiplies tremendously.” –*Norman Vincent Peale*

“Determination gives you the resolve to keep going in spite of the roadblocks that lay before you.”
–*Denis Waitley*

“There is no chance, no destiny, no fate, that can hinder or control the firm resolve of a determined soul.” –*Ella Wheeler Wilcox*

“Everyone who achieves success in a great venture, solves each problem as they came to it. They helped themselves. And they were helped through powers known and unknown to them at the time they set out on their voyage. They keep going regardless of the obstacles they met.”
–*W. Clement Stone*

“To solve a problem or to reach a goal, you don't need to know all the answers in advance. But you must have a clear idea of the problem or the goal you want to reach.” –*W. Clement Stone*

For More Information

Please contact National Crime Victims’ Rights Week Community Awareness Project Consultant Anne Seymour via email at annesey@atlantech.net; or by telephone at 202.547.1732.